

## **ASK COACH YVONNE EZINE**

**By Yvonne Chase – The Single Woman’s Cheerleader, Dating Coach**

<http://www.availableandhappy.com>

**Your guide to, “Living the life that you love, Attracting the Love of your Life and Keeping the Love you find!”**

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### **1. WELCOME**

Hello readers,

I had a great time in Florida visiting with my brother, his wife, my two handsome nephews and two beautiful nieces. My 7-year-old nephew eats like food is going out of style. He kept me active with bike riding, jumping rope and going to soccer games and there I was worrying about not going to the gym for a week. Well he took care of that worry for me. Thanks Tariq! Hanging with them and playing with them confirmed even further why I only want one child. Kids are a gift and a blessing from God but they sure are a lot of work.

Thanks to all of you who take the time to send me emails like the two below. I really appreciate Hearing from you.

**Yvonne,**

**Your articles help to keep me motivated and maintain a positive attitude regarding my life as a single woman. Thank you.**

**Yvonne,**

**I would like to thank you for the Ask Coach Yvonne Ezine that is a lifesaver when it comes to my relationships. I know that I would always count on you to answer my questions without me asking. Thank you again.**

In a couple of weeks, we will celebrate Thanksgiving. Remember to give thanks in everything and aim to have a grateful heart.

Happy Thanksgiving!

Coach Yvonne  
The Single Woman’s Cheerleader



## 2. **ASK COACH YVONNE**

**Q:** My boyfriend and I recently got engaged and he asked me to move in with him. I don't want to live together before marriage. He seems to think that this would be a great way to get to know each other and make sure that we have a great marriage. What do you say?

**A:** I say, unless you want to become a permanent rent-a-wife, stick to your guns and do not move in with him until you say I do. Did you know that couples that live together before marriage have a much higher divorce rate than those who marry and haven't lived together or had sex? When a man is comfortable, he will never marry you. Think about it, why would a man marry a woman who gives him all the benefits of marriage without marriage? Why buy the cow when you can get the milk for free still rings true. It's amazing to me that men and women who have the right to get married are not getting married while homosexuals who do not have the right to be married are fighting for that right and getting married. Before you say, "I do," read the feature article below to make e sure you understand what marriage is.

## 3. **FEATURE ARTICLE: BIG BROTHER SAYS**

My brother and his wife have been married for 16 years and to say that it has not been easy is an understatement. Since 1997, they have had to live out the specific vows of in sickness and in health due to several illnesses that have taken over my brother's body. I had a frank conversation with my brother about what marriage really is because I feel like I am being prepared for that big step. I asked him, **what would you say about marriage to a single Christian woman desiring marriage?"**

Here is what he had to say:

- **If two people come into marriage recognizing that it is not about me but about my spouse's comfort and about service, this attitude paves a good road for the marital journey.** At our core, we are basically selfish people - we think about what it is going to be like for me not what I can do for the other person. Marriage is service to each other. You minister to your spouse by serving him and looking out for his best interest. Nothing can be too low for you to do for your spouse.
- **You cannot live by your feelings in marriage, or in life for that matter.** Your love for your spouse has to be an act of the will. You have to be a wife and husband doing what you have to do with love joyfully without grumbling and complaining even when you don't feel like it.
- **Men and women have unrealistic expectations about marriage.** Marriage is not a lovely picnic in the park. It can be but you must work at it daily. If you don't want to work, do us a favor, do the climbing divorce rate a favor and don't get married.

I then asked him, **how can a Christian single woman prepare for marriage?** We as single people can become self-centered narcissist if we are not careful. How can we avoid bringing this attitude into marriage?" His reply was:

- **Single people must find opportunities to serve others.** When you are single, the only person you think about is yourself; what you like, what you want, what works for you and blah, blah, blah. If you don't find opportunities to serve

others, chances are you will show up in marriage looking out for your own interests. Joining a ministry at your local church is a great place to start.

- **Singles should volunteer, mentor, serve at church, join a ministry etc.** If you have no one to spend Thanksgiving with, go and serve to the less fortunate at a shelter. Again, make it your business to find opportunities to serve. Cultivating a servant's heart is key before saying I do.
- **The older women should teach the younger women how to be wives.** He took me to Titus 2:3-5 which says, "Likewise, teach the older women to be reverent in the way they live, not to be slanderers or addicted to much wine, but to teach what is good. Then they can train the younger women to love their husbands and children, to be self-controlled and pure, to be busy at home, to be kind, and to be subject to their husbands, so that no one will malign the word of God." He suggested that single women hook up with a couple that has been successfully married for at least 10 years to see and learn how they do it. A single woman should place herself under the wings of an older woman who is married and has a good marriage so that she can learn from her how to be a godly wife to her husband.
- **Read books about marriage.** Although you haven't experienced it yet, there is no reason for you to walk into it blindly. Attend a relationship class, workshop or seminar. There is an intensive class and process for obtaining your driver's license but no such class exist for the most important commitment you will make in life. In most states, all you need is \$25 to obtain a marriage license, a license that could change the lives of everyone around you for better and in today's time worst. We spend so many years and so much time preparing for careers and so many other things in life while we spend little to no time preparing for marriage.

In his book What Every Man Wants In A Woman, Pastor John Hogue says, "Marriage is more than a honeymoon; it's a lifetime contract. Through sickness and health, for richer and for poorer, marriage requires devotion and a mature ability to commit when it's the last thing you want to do. Marriage is the act of two incompatible people learning to become compatible via compassionate compromise.

Something to think about...

#### 4. **THINK ABOUT IT! RECOGNIZING THE DIFFERENCES**

On one occasion, scientists gathered to determine if a computer should be called he or she. They divided into two groups, men and women to discuss the differences in men and women. The women scientists said that a computer should be addressed in the masculine gender. They gave these three reasons:

1. In order to get their attention, you have to turn them on.
2. They are supposed to solve problems, but half the time they are the problem.
3. As soon as you commit to one, you realize that had you waited a little longer, you could have gotten a better model.

The men scientists concluded that computers should be addressed in the feminine gender, and gave these three reasons:

1. No one but the creator understands their internal logic.
2. Even your smallest mistakes are stored in long-term memory.

3. As soon as you commit to one, you find yourself spending half your paycheck on accessories for it.

## 5. **ABOUT COACH YVONNE**

Dating Coach Yvonne Chase affectionately known as "The Single Woman's Cheerleader" is creator of the life-changing course, Stop Looking, Start Attracting. If you liked this month's issue, you'll LOVE this step-by-step course, guaranteed to be the most complete and enjoyable guide to living the life you love and attracting the love of your life. Coach Yvonne also offers FREE articles and other resources to help single women live the life that you love. Learn more now at [www.AvailableandHappy.com](http://www.AvailableandHappy.com)

## 6. **WHAT IS MY MISSION?**

My #1 mission is to create a movement of Available and Happy Christian single women who celebrate living single. I want Christian single women all over the world to embrace living single, accept living single and take total advantage of this season in life. Our single years can provide unique opportunities that may not show up later in life. The time, energy, and material resources that we can devote to these opportunities - and the spontaneity and intensity with which we can do so - are typically much greater during our single years than they are after we marry and start families.

My #2 mission is to bring the climbing divorce rate to a screeching halt by teaching single women dating and relationship skills via the STOP LOOKING START ATTRACTING program. This program will help you become clear about whom you are, what you want and how to get what you want in your life and relationship. The first step in making a love connection is being the best, happiest most fulfilled YOU that you can be. Remember, 1 Whole Person + 1 Whole Person = 1 Whole Union!

## 7. **INVITE COACH YVONNE TO SPEAK**

Coach Yvonne is available to speak at your church, college campus, women's conference, singles group, human resources organization or other special event. She can speak on a variety of topics related to singles, couples, communication, dating, living single, improving work relations and so much more. Read what one organization had to say about Coach Yvonne:

"Yvonne is indeed a savvy single, high energy, polished professional and force to be reckoned with. She sets the atmosphere as an expert, taps into the need of the group and captivates her audience with her engaging presentation. To come in contact with Yvonne is to now and appreciate a strong Christian woman of faith who is living on purpose and utilizing her God given gifts, talents and abilities to impact and change the lives of single women all over the world. Yvonne has a powerful message that every single person needs to hear today!" **Michelle Collins-Living Word Worship Center—Los Angeles, CA**

"You did a great job on Wednesday. We loved your presentation. Your delivery made everyone in the room feel as though they were listening to their best girlfriend. You were funny, inviting and straight to the point. We look forward to working with you again very soon. " **La' Tanya Martin W.I.M.E.N**

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