

ASK COACH YVONNE EZINE

By Yvonne Chase – The Single Woman’s Cheerleader, Dating Coach

<http://www.availableandhappy.com>

Your guide to, “Living the life that you love, Attracting the Love of your Life and Keeping the Love you find!”

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1. **WELCOME**

Hello readers,

In my last issue, I shared a story with you that put a big Kool-aid smile on my face and lots of joy in my heart. Here’s another one:

Hey Coach Yvonne,

You make me happy to be single. I get so tired of all the pressure from my well-meaning family and friends who are worried about me being an older single woman. I’m actually not old at all. I’m only 39 but they are looking at my age and biological clock. They want a grandbaby! Because of you and your writings, I’m inspired to get out there and live life to the fullest. I was especially inspired when I read about your move to CA from NY. I had put off moving from one state to the next for years but when I read your story, I got the ball rolling and am now happy in my new digs. One more thing before I go, I enjoyed reading the last E-zine on Internet Dating. Thanks Coach Yvonne!

I love stories like this! Do you have a story to share? Maybe there was an insight that I shared that helped you in your single life or in your relationship. Maybe you’re a married person who enjoys reading the E-zine and learned a valuable lesson. Maybe there was a particular book I recommended in the past or one that you discovered on your own that influenced your thinking about living single, dating and relationships. Or maybe a person influenced your thinking about living single, dating and relationships. Your story should teach us something about the nature of love, men, dating, being single, or being in a relationship. I look forward to reading your stories and with your permission I will share them in future



issues. Send them to me at coachyvonne@availableandhappy.com. Thanks in advance.

Coach Yvonne

The Single Woman's Cheerleader
www.availableandhappy.com

2. ASK COACH YVONNE

Q: I'm cute, smart, make a mean casserole and don't mind making it – some of us do like to cook, I'm spiritually grounded, I have integrity and character, I say what I mean and mean what I say, I have goals and plans for my future, I have wonderful people in my life, I'm buffing up those areas of my life that are a little bruised and point blank – I have a lot to offer the right man. So, why am I still single and where can I go to meet a man?

3. FEATURE ARTICLE: LOOKING FOR LOVE?

Maybe you and I are living in the wrong city. Forbes magazine recently released their Top 10 Cities for Singles and Los Angeles didn't make the top 10! Last year it came in at #7 and dropped to #19 this year. Should I move? Denver came in at #1 for the third year straight while Greensboro, N.C. ranked last for the second year straight. I'm not interested in moving to either of those two cities. New York came in at #5. Maybe I should move back home. My parents would love to have me back. ***I don't think so!*** Austin Texas came in at #8. I do have a brother in that city and I've never visited. Perhaps I'll move there. ***Not gonna happen!*** Phoenix, Arizona came in at #3. I could move there too – my oldest brother lives there but I have no desire to live in a furnace. It's waaaay too hot in Arizona for me. On any given day it's 120 degrees in the shade. ***Not!*** Raleigh Durham came in at # 6. I could move there and kick the renters out of my brother's beautiful house that I love and move in. ***He's not havin it!*** San Francisco came in at #4. I've never visited but I hear it's a beautiful city and I do have two close friends there but I hear the men in that city aren't batting on my team. ***I'll pass!*** Washington D.C.- Baltimore came in at #9. I like that neck of the woods and my brother and his wife live there. I'm sure they would take me in temporarily. ***Yea right!*** Boston came in at #2 and Miami came in at #9. Don't know anyone in those cities.

I don't know about you but I'm not deliberately moving to a new city to find love. If I find love and I need to move, then I'll move but to pack up all my stuff and literally go on a multi-city tour looking for a man! I don't think so; I'm cool living in Los Angeles. It's actually been raining men for me lately. Halleluyerr! Maybe one of the many men I've met recently will turn out to be "the one." Until then, I'll remain an available and happy single woman riding the wave of this roller coaster called life and having a blast! I don't know about you but I really do enjoy living single.

Note to reader: If you do decide to move to one of the states on the list below, make sure that you're moving for more than a man just in case it doesn't work out. The last thing you want is to be stuck

in Kansas City somewhere (a city that I hear no one visits on purpose) looking like a deer in the headlights asking yourself, "What do I do now?"

Here's the complete list for those of you who may want to set up a multi-city tour:

1. [Denver-Boulder](#)
2. [Boston](#)
3. [Phoenix](#)
4. [San Francisco- Oakland](#)
5. [New York](#)
6. [Raleigh-Durham](#)
7. [Seattle](#)
8. [Austin](#)
9. [Washington- Baltimore](#)
10. [Miami](#)
11. [Columbus](#)
12. [Philadelphia](#)
13. [Sacramento](#)
14. [Minneapolis-St Paul](#)
15. [New Orleans](#)
16. [Atlanta](#)
17. [Milwaukee](#)
18. [San Diego](#)
19. [Los Angeles](#)
20. [Providence](#)
21. [Las Vegas](#)
22. [Chicago](#)
23. [Nashville](#)
24. [Orlando](#)
25. [Charlotte](#)
26. [Cincinnati](#)
27. [Portland](#)
28. [Indianapolis](#)
29. [Dallas-Fort Worth](#)
30. [Kansas City](#)
31. [St Louis](#)
32. [Pittsburgh](#)
33. [Detroit](#)
34. [Houston](#)
35. [Tampa](#)
36. [Salt Lake City](#)
37. [Cleveland](#)
38. [San Antonio](#)
39. [Norfolk](#)
40. [Greensboro](#)

Something to think about...

4. **JUST JOKES!** *A break from the seriousness of relationships...*

"A husband and wife were shopping when the wife said, "Darling, it's my mother's birthday tomorrow. What shall we buy for her? She would like something electric." The husband replied, "How about a chair?"

"My wife dresses to kill. She cooks the same way."

"I married Miss Right. I just didn't know her first name was "Always".

"Man is incomplete until he is married. Then he is finished."

"Why do men die before their wives? They want to."

"A man inserted an ad in the classified: "Wife wanted". Next day he received a hundred letters. They all said the same thing: "You can have mine."

5. **COOL RESOURCE**

I just came across a great service that I want to share with you. At www.opentable.com, you can make all of your dinner reservations online in any city. Signing up is free and easy. Once you make your

reservations, you can email all of the details to your date with a special note. Check it out! It's really cool and you get points with every reservation that you can redeem to eat for free. Let me know how you like this service. I happen to love it!

6. **ABOUT COACH YVONNE**

Dating & Relationship Coach Yvonne Chase affectionately known as “The Single Woman’s Cheerleader” is creator of the life changing course, Stop Looking, Start Attracting. If you liked this month’s issue, you’ll LOVE this step-by-step course, guaranteed to be the most complete and enjoyable guide to living the life you love and attracting the love of your life. Browse its contents and reader reviews now at http://www.availableandhappy.com/sitedocs/classes_offered.htm. Coach Yvonne also offers FREE articles, workshops, and other resources to help single women live the life that you love. Learn more now at www.AvailableandHappy.com

7. **WHAT IS MY MISSION?**

My #1 mission is to create a movement of Available and Happy single women who celebrate living single. I want Christian single women all over the world to embrace living single, accept living single and take total advantage of this season in life. Our single years can provide unique opportunities that may not show up later in life. The time, energy, and material resources that we can devote to these opportunities - and the spontaneity and intensity with which we can do so - are typically much greater during our single years than they are after we marry and start families.

My #2 mission is to bring the climbing divorce rate to a screeching halt by teaching single women dating and relationship skills via the STOP LOOKING – START ATTRACTING program. This program will help you become clear about who you are, what you want and how to get what you want in your life and relationship. The first step in making a love connection is being the best, happiest most fulfilled YOU that you can be. Remember, 1 Whole Person + 1 Whole Person = 1 Whole Union!

8. **INVITE COACH YVONNE TO SPEAK**

Coach Yvonne is available to speak at your church, college campus, women’s conference, singles groups, human resources organization or other special event. She can speak on a variety of topics related to singles, couples, communication, dating, living single, improving work relations and so much more. Read what one organization had to say about Coach Yvonne:

"Yvonne is indeed a savvy single, high energy, polished professional and force to be reckoned with. She sets the atmosphere as an expert, taps into the need of the group and captivates her audience with her engaging presentation. To come in contact with Yvonne is to know and appreciate a strong Christian woman of faith who is living on purpose and utilizing her God given gifts, talents and abilities to impact and change the lives of single women all over the world. Yvonne has a powerful message that every single person needs to hear today!" Michelle Collins – Living Word Worship Center—Los Angeles, CA

“You did a great job on Wednesday. We loved your presentation. Your delivery made everyone in the room feel as though they were listening to their best girlfriend. You were funny, inviting and straight to the point. We look forward to working with you again very soon.” La' Tanya Martin – W.I.M.E.N

Send all inquiries to coachyvonne@availableandhappy.com or call (877) 7-RELATE (773-5283)

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