

ASK COACH YVONNE EZINE

Yvonne Chase, "The Single Woman's Cheerleader"

<http://www.Availableandhappy.com>

Your guide to, "Living the life you love, Attracting the Love of your Life and Keeping the Love you find!"

IN THIS ISSUE:

1. Welcome
2. Ask Coach Yvonne: Should I Keep Having Sex?
3. Think about It
4. Reading Room: Love Will Find You
5. About Coach Yvonne
6. What Is My Mission
7. Invite Coach Yvonne to Speak

1. WELCOME

Hello readers,

How are you?

I hope you are having a terrific Thursday. Today, I can truly say I am having a terrific Thursday. If you asked me the same question this time last week, I would've looked at you cross-eyed and walked away. Why? Read below...

Last Thursday, I took my computer into Staples to have my software upgraded. Apparently, I had a version of software on my computer that was not genuine. I left it with the manager and asked him to put a genuine copy of the software on my computer and install memory. That's it! He called me later that afternoon to let me know that my computer was ready and in much better shape. I was excited! Now let me tell you about my computer; **IT'S OOOOLD! IT MOVES VERY SLOW AND I NEED A NEW ONE YESTERDAY!**

Since the beginning of the year, I had been looking at and pricing laptops. I remember a colleague swearing by her Toshiba Satellite. I got frustrated with the technical process and decided to focus on it some other time. I figured that if I installed more memory on this one and upgraded the software, I would be good for a few months. I went into Staples, picked up my baby and headed home to set it up and get back to work. You are not going to believe what happened when I got home. I hope you're sitting down because what I'm about to tell you will knock you out. It knocked me out! I turned my computer on and there before me was a blank blue screen. I wasn't even able to sign-in. There were no items on my desktop and I couldn't even get on-line. I called the store frantically to find out what happened to my computer.

When I finally got the tech on the line and told him my saga, he quietly said, "I erased everything." You did what? Why? How? Who told you to do that? I babbled in one loud sentence crying profusely into my phone. Do you have any idea what you did? He sat on the phone quietly then said, "There were no instructions to back up



the files." At that moment, I was done, speechless. I sat here staring at the walls in tears. My whole life, all of my writings, ideas, thoughts, contacts, E-zines etc. were on that computer. How could he? Yes, I had some items backed up but not everything. I create something new everyday! How could I have everything backed up?

Well, the manager came by my home that evening with the tech to pick up my computer and ship it to a techie who could recover my documents. In the meantime, they set me up on a Toshiba Satellite laptop with software that I didn't have on my old machine. Long story short, all of my information has been recovered and the manager has agreed to let me keep this laptop. I got a \$1,500 laptop and \$600 worth of software and other accessories for \$0.00. God did say he would supply all of our needs right? He never tells us how but he always does and he also told us that ALL things work together for good. I love my new laptop!

Thanks to all of you who have been sowing seeds. I really appreciate it!

One more thing before I go, **Conversations w/Coach Yvonne** is live this Saturday March 31st at 10 AM PST. My guest will be Liz Kelly author of Smart Man Hunting. Click [here](#) to listen to last week's episode Sex and the Single Christian which has been listened to a whopping 150 times. Thanks for listening.

Happy reading!

Coach Yvonne
The Single Woman's Cheerleader

2. **ASK COACH YVONNE**

Q: I am in a relationship with a man that I like a whole lot. I love him too. The problem is I've grown a lot deeper in my walk with God and am no longer willing to engage in pre-marital sex. We are both Christians who know that we should not be engaging in pre-marital sex but we got caught up. While I like him and love him dearly, I feel like a hypocrite – saying one thing and doing another. I cannot continue on like this. What should I do?

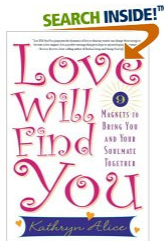
A: You know what sister girl, I was in your shoes in the past and I walked away. It's the only choice you have. Two people can't walk together unless they agree. You can stay with him and think that you are going to be strong but I can tell you from experience that it's not going to work. It may work for a second but sooner than later, you will find yourself back in the same boat going around the same mountain writing me again in a couple of months asking me, "What should I do?" You and he are on two different pages wanting two different things. Take the positives of this man and relationship with you and move on. God will honor your obedience and send you someone who is on the same page with you. I wish you well!

3. **THINK ABOUT IT!**

"There comes a time when you have to stand up and shout: This is me darn it! I look the way I look, think the way I think, feel the way I feel, love the way I love! I am a whole complex package. Take me... or leave me. Accept me - or walk away! Do not try to make me feel like less of a person, just because I don't fit your idea of who I

should be and don't try to change me to fit your mold. If I need to change, I alone will make that decision. When you are strong enough to love yourself 100%, good and bad - you will be amazed at the opportunities that life presents you." Stacey Charter

4. **READING ROOM: LOVE WILL FIND YOU**



"Nothing will keep love from you. Even if you never leave your house, your soul mate will find you. You are never too old, too fat, or too poor for love. "

5. **ABOUT COACH YVONNE**

Dating Coach Yvonne Chase affectionately known as "The Single Woman's Cheerleader" is creator of the life changing course, Stop Looking, Start Attracting. If you liked this month's issue, you'll LOVE this step-by-step course, guaranteed to be the most complete and enjoyable guide to living the life you love and attracting the love of your life. Browse its contents and reader reviews now at http://www.availableandhappy.com/sitedocs/classes_offered.htm

6. **WHAT IS MY MISSION?**

My **#1** mission is to create a movement of Available and Happy single women who celebrate living single. I want Christian single women all over the world to embrace living single, accept living single and take total advantage of this season in life. Our single years can provide unique opportunities that may not show up later in life. The time, energy, and material resources that we can devote to these opportunities - and the spontaneity and intensity with which we can do so - are typically much greater during our single years than they are after we marry and start families.

My **#2** mission is to bring the climbing divorce rate to a screeching halt by teaching single women dating and relationship skills via the STOP LOOKING - START ATTRACTING program. This program will help you become clear about who you are, what you want and how to get what you want in your life and relationship. The first step in making a love connection is being the best, happiest most fulfilled **YOU** that you can be. Remember, **1 Whole Person + 1 Whole Person = 1 Whole Union!**

7. **INVITE COACH YVONNE TO SPEAK**

Coach Yvonne is available to speak at your church, college campus, women's conference, singles group, human resources organization or other special event. She can speak on a variety of topics related to singles, couples, communication, dating, living single, improving work relations and so much more. Read what one organization had to say about Coach Yvonne:

"Yvonne is indeed a savvy single, high energy, polished professional and force to be reckoned with. She sets the atmosphere as an expert, taps into the need of the group and captivates her audience with her engaging presentation. To come in contact with Yvonne is to know and appreciate a strong Christian woman of faith who is living on purpose and utilizing her God given gifts, talents and abilities to impact and change the lives of single women all over the world. Yvonne has a powerful message that every single person needs to hear today!" Michelle Collins – Living Word Worship Center—Los Angeles, CA

"You did a great job on Wednesday. We loved your presentation. Your delivery made everyone in the room feel as though they were listening to their best girlfriend. You were funny, inviting and straight to the point. We look forward to working with you again very soon. " La' Tanya Martin – W.I.M.E.N

Send all inquiries to coachyvonne@availableandhappy.com or call (877) 7-**RELATE** (773-5283)

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